



HARLAN, 2½ IN.
CORTLEY, 2¼ IN.

ARROW

Notch COLLARS

TWO NEW STYLES, EASY TO
PUT ON AND TAKE OFF.

2 for 25 cents

GLUETT, PEABODY & CO., INC. MAKERS

The secret of keeping young is to feel young—to do things you must feel your liver and bowels—there's no need of having a sallow complexion—dark rings under your eyes—pimples—a billowing in your face—dull eyes with no sparkle.

Your doctor will tell you 90 per cent of all sickness comes from inactive bowels and liver. Dr. J. C. Ayer & Co. of Lowell, Mass., has perfected a compound to avoid using dangerous-poisonous calomel to act on the liver and bowels, which is the only safe and effective remedy.

Hay's Liver Health, substitute for calomel, gentle in its action, yet always effective; brings about that exuberance of spirits which is the mark of youth. It should be enjoyed by everyone, by toning up the liver and clearing the system of its impurities.

Just write to ask for Hay's Liver Health, in its little package for Six, at People's Drug Store. Prove to yourself the means to keep feeling fine all your life.

The Globe-Wernicke Co.
1218-1220 F St.

Why is man and woman, half the time, feeling nervous, dependent, worried, some days headachy, dull and unwell, some days really incapacitated by illness?

If we all would practice inside-bathing, we would be able to take place, instead of thousands of half-sick, anaemic-looking souls who pass a badly complexioned, shrouded, sickly, and unhealthy existence, as healthy, rosy-cheeked people everywhere. The reason is that the human system does not purify itself. It is a waste-making machine. It accumulates under our present mode of living, for every ounce of food that we eat, for every ounce of waste material must be carried out, else it ferments and forms poisons, which are absorbed into the blood.

Just as necessary as it is to clean the house, so it is necessary to clean the stomach. The stomach is the furnace of the fire, will burn up the food, and the fire will burn morning, clear the internal organs of the previous day's accumulation of waste material, and will burn up the toxins. Men and women, whether sick or well, are advised to drink each day a quart of food water, which is real hot water with a teaspoonful of limestone phosphate in it, as a stomach cleanser. It cleanses the stomach, liver, kidneys, and bowels, and removes all indigestible material, waste, sour bile, and all the poisons that are accumulated, and purifying the entire system, the canal before putting more food into the stomach.

Because of people who had their tumours, at constipation, bilious attacks, a stomach, nervous days, and sleepless nights, and who were unable to drink in the morning inside-bath. A quart of limestone phosphate will not only clean the stomach, but is sufficient to cleanse anyone who is constipated, and to cleanse and freshen the entire system.

All Use Brunswick-Balke

Largest Sale of Any Medicine in the World.
Sold everywhere. In boxes, 10c., 25c.

Condenser Alley Equipment

When you have an hour at noon—an afternoon off when time drags—think of your muscles and their need of exercise. There can be no flabby muscles.

If You Bowl!

Come in the afternoon when the alleys are not crowded and there is no wait for the alley.

All Use Brunswick-Balke-Collender Alley Equipment